

22ND INTERNATIONAL PERINATAL BEREAVEMENT CONFERENCE

UNITING RELATIONAL ASPECTS OF PERINATAL BEREAVEMENT CARE AND CLINICAL RESEARCH



IPBC 2021
CHICAGO, IL
MAY 12 - 15, 2021



The Drake Chicago

PLIDA.ORG

JOIN US...



This year will mark the 22nd International Perinatal Bereavement Conference. We invite you to attend this one-of-a-kind event, specially designed to bring together professionals and bereavement advocates in a relaxed and communal setting. It is the only international conference devoted solely to the understanding of perinatal bereavement, meaning the death of a baby at any stage during pregnancy, at birth, or in the first weeks or months of life. In addition, this year we are addressing traumatic stress and grief following pregnancy loss, health disparities, mental health and much more.

What makes the conference unique? Most notable is that we are committed to the model of evidence-based care that includes research, personal experience, and bereaved family narratives. The purpose of the biennial International Perinatal Bereavement Conference is to bring new information, share best practices, and engage in educational and networking opportunities for those who support bereaved families.

Additionally, this remarkable conference provides a wide variety of opportunities to engage, learn, and be inspired. Preconference workshops, plenary, concurrent, and poster sessions offer a wide array of opportunities to improve your practice. Outstanding plenary speakers include Terri Major-Kincade MD, MPH; Meghaan R. Nguyen, MSW, CCLS; Brian S. Carter, MD; Kathie Kobler, PhD, APRN, PCNS-BC, CHPPN, FPCN, FAAN; Rana Limbo, PhD, RN, CPLC, FAAN; Rebecca Hanna, LCSW; Beth Perry Black, PhD, RN, FAAN; Marianne H. Hutti, PhD, WHNP-BC, FAANP, FAAN; and Mandy Kelso. As well, the planning committee has arranged networking opportunities and casual receptions for you during our time together.

With so many wonderful things to see and do in Chicago, there is truly something for everyone. The conference will be held at the beautiful Drake Hotel and is conveniently located along Magnificent Mile and Lake Shore Drive. Built in 1920, The Drake is recognized by Historic Hotels of America for preserving and maintaining its historic integrity, architecture, and ambiance. In addition to the historic elegance, The Drake is known for its outstanding charm, exceptional customer service, and unmatched high standards. This timeless property is positioned perfectly for guests to access the city's most exclusive shopping, museums, historic sites, nightlife and dining.

We invite you to contact our operations manager, Rossana Urbina at rossana.urbina@plida.org with any questions. Rossana will also be onsite to welcome you and assist with registration.

We look forward to meeting you and wish you an extraordinary conference experience. See you in Chicago!

With gratitude,
Gina Leigh Jones, RN, CPLC
PLIDA President
Conference Co-Chair

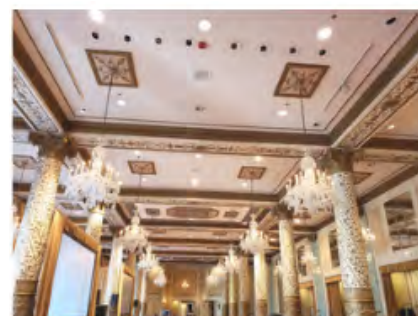
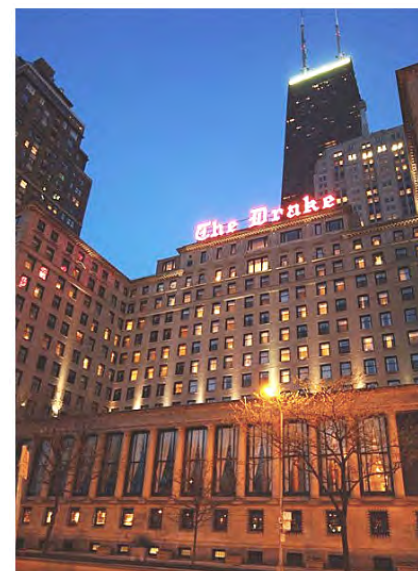


TABLE OF CONTENTS



Conference Contributors
Rates & Registration
Conference Details
Plenary Speakers & Sessions
Preconference Speakers & Sessions
Conference Speakers & Sessions
Poster Presenters
Continuing Education
Conference Hotel
Area Attractions
FAQs
Conference Sponsors & Exhibitors



MISSION

PLIDA stands for the Pregnancy Loss and Infant Death Alliance. PLIDA serves as a leader in perinatal and neonatal bereavement care. We do this through education, advocacy and networking for health care providers and parent advocates. We promote the highest quality of consistent evidence based care for all families.

We express our mission through professional continuing education, the establishment of position statements and practice guidelines, unified response to issues in the media or legislation, and by creating a network for professionals to share questions, resources, insight and support.



CONFERENCE CONTRIBUTORS



Thank you to the planning committee and conference co-chairs for their dedication to ensuring this conference is an educational and networking experience for all attendees. The conference committee would like to extend a thank you to the contributing members:

Conference Planning Co-Chairs

Gina Leigh Jones, RN, CPLC

NICU, Children's Memorial Hermann Hospital & PLIDA Board President | Houston, TX

Jill Kottmeier, RN, BSN, CPLC

Northwest Community Hospital | Arlington Heights, IL

Danielle Penman, BS, BSN, ADN, RN

Rush University Medical Center | Chicago, IL

Consultants

Rana Limbo, PhD, RN, CPLC, FAAN

Gundersen Medical Foundation, Cofounder and Director Emerita | La Crosse, WI

Judy Friedrichs DNP, RN

Rush University | Chicago, IL

Contributing Committee Members

Rebecca Carter, MS, CGC - Education Committee Chair

University of Texas Health Science Center at Houston | Houston, TX

Rose Carlson, BS - Education Specialist

Share Pregnancy and Infant Loss Support, Inc. | St. Charles, MO

Contributing PLIDA Education Committee Members

Denise Côté-Arsenault, PhD, RN, CPLC, FNAP, FAAN

St. Louis University School of Nursing | Ballwin, MO

Summer M. Hepler, BSN, RN

Greenbrier Valley Medical Center | Clifton Forge, VA

Deborah Rich, PhD, CPLC, Licensed Psychologist

Founder, Shoshana Center for Reproductive Health Psychology | St. Paul, MN

Contributing PLIDA Members

Elizabeth Levang, Ph.D.

Levang & Associates, Inc. | Golden Valley, MN

Elizabeth Ricci, RN, BSN, MS, IBCLC, CPLC

Downingtown, PA

Contributing Community Members

Cinnamon Cappel

Houston, TX

Pierce A.F. Jones, Esq.

Houston, TX

THEME

Uniting Relational Aspects of Perinatal Bereavement Care and Clinical Research

OBJECTIVES

- Explore relational aspects of perinatal bereavement care.
- Describe innovative clinical and advocacy implications in caring for families when their baby dies.
- Develop skills for working within an interprofessional team when providing care for bereaved families.
- Explore ways of increasing inclusivity and encouraging diverse populations and experiences among perinatal bereavement patients and care providers.
- Discuss transformation as applied to processes of grieving.
- Provide opportunities for relationship building among clinicians, researchers, caregivers, and parent advocates.
- Discuss ways of translating research findings into clinical practice.
- Describe principles and practice of self-care.

PURPOSE

To engage in educational and networking opportunities for those who support bereaved families.

AUDIENCE

This conference will appeal to any professional who provides care to Families experiencing a perinatal death or engaging in research within the field including:

- | | |
|--------------------------------------|--------------------------|
| • Obstetricians | • Chaplains |
| • Maternal Fetal Medicine Physicians | • Funeral Directors |
| • Neonatologists | • Childlife Specialists |
| • Palliative Care Physicians | • Lactation Consultants |
| • Advanced Practice Nurses | • Psychologists |
| • Midwives | • Childbirth Educators |
| • Physician Assistants | • Policy Makers |
| • Nurses | • Program Administrators |
| • Social Workers | • Researchers |
| • Genetic Counselors | • Professors |
| • Ultrasonographers | • Parent Advocates |
| | • ... among many others |

In addition, bereaved parents themselves participate in the conference in the role of parent advocates who may work in advocacy, lay support and who may hold a dual role as both patient and researcher or practitioner.

WHY ATTEND

What makes the conference unique? We are committed to the model of evidence-based care that includes research, personal experience, and bereaved family narratives. The purpose of the biennial International Perinatal Bereavement Conference is to engage in educational and networking opportunities for those who support bereaved families.

REGISTRATION

All registrations will be conducted online.



REGISTRATION TYPE	EARLY RATE*	REGULAR RATE
Preconference Half Day	\$130.00	\$165.00
Preconference Full Day	\$240.00	\$330.00
Main Conference PLIDA Member	\$550.00	\$660.00
Main Conference Non PLIDA Member	\$770.00	\$880.00
Single Day PLIDA Member	\$330.00	\$440.00
Single Day Non PLIDA Member	\$440.00	\$550.00

*Early rate is available until 3/15/2021

PAYMENT PLAN

Pregnancy Loss and Infant Death Alliance (PLIDA) is pleased to announce the first-ever payment plan for IPBC 2021. The payment plan will be available to PLIDA members, and has several options to ease the financial burden of attending the International Perinatal Bereavement Conference. A minimal processing fee will be added to the regular rate prices. Please direct any questions to Rossana (rossana.urbina@plida.org).

LEARN MORE AT
[PLIDA.ORG/IPBC-PAYMENT-PLAN](https://plida.org/ipbc-payment-plan)



ADDITIONAL INFORMATION

Fees include attendance at all conference sessions, admission to the welcome reception, breakfast and coffee breaks on the days for which you are registered. In addition, preconference fees include breakfast for attendees registered for morning or full-day preconference sessions. Your registration also includes access to conference materials, the exhibits and poster presentations. To receive the early registration rates, your registration must be completed online by March 15, 2021. This date is firm, with no exceptions.

Payment: Credit card is the preferred method of payment. Should you have any issues with this method or other registration questions, please contact Rossana Urbina, rossana.urbina@plida.org. **Refunds for payments made with a credit or debit card are subject to a NON-REFUNDABLE \$15 USD processing fee.**

Cancellation policy: Full refunds, less a \$100 USD processing fee, are available only before March 31, 2021.

If you are transferring your registration to a colleague, a \$50 USD transfer fee applies. In order to receive a refund or transfer, you must notify conference management in writing by March 31, 2021 by emailing Rossana Urbina at rossana.urbina@plida.org. If you do not cancel or transfer by this date, payment in full is still due, even if you do not attend the conference.

Special Accommodations: In accordance with the Americans with Disabilities Act, PLIDA seeks to make this conference accessible to all. If you have a disability that might require special accommodations, please e-mail your needs to Rossana Urbina (rossana.urbina@plida.org) or call her at 888-693-1435.

If you have questions or grievances, please contact rossana.urbina@plida.org.

RENEW MEMBERSHIP OR REGISTER FOR IPBC AT [PLIDA.ORG](https://plida.org)

SPONSORS & EXHIBITORS



Thank you to the IPBC 2021 Sponsors and Exhibitors! Are you interested in learning more about sponsorship and exhibition opportunities? Visit www.plida.org/sponsor-and-exhibit

MAGNIFICENT MILE SPONSOR: \$7,500

Resolve Through Sharing®

BEREAVEMENT EDUCATION SINCE 1981

MILLENNIUM PARK SPONSOR: \$5,000



Riley Children's Health
Indiana University Health

MICHIGAN AVENUE SPONSORS: \$2,500



nilmdts
Now I Lay Me Down to Sleep



STAR LEGACY
FOUNDATION

RIVERWALK SPONSORS: \$1,000



REFLECTION ROOM SPONSOR: \$1,000



EXHIBITORS

Caring Cradle
Children's Memorial Hermann Hospital
Comfort Innovations
Holy Sews
Jane's Room
Mamie's Poppy Plates
March of Dimes
Memories Unlimited
Now I Lay Me Down to Sleep

Pregnancy After Loss Support (PALS)
Project Sweet Peas
Resolve Through Sharing
Riley Children's Health
Star Legacy
The Alliance of Perinatal Bereavement and Palliative Care Facilitators
The Colette Louis Tiisdahl Foundation
Vitrified Studio

PRECONFERENCE PLENARY SPEAKER

MEGHAAN R. NGUYEN, MSW, CCLS



Meghaan Nguyen currently serves as the clinical coordinator for the Child Life and Expressive Therapies team at Children's Memorial Hermann Hospital, Houston. She began her career as a child life specialist working at a pediatric burn hospital. She immediately saw the therapeutic value in supporting families from the start of their trauma and continuing with them throughout their recovery. She implemented group programming for patients and parents to support successful community reintegration after trauma. This combination of trauma and the importance of community became the guiding factors in the remainder of her career. Adding a master's in social work to her existing skill set, Meghaan then worked at a bereavement center for children and families, a pediatric emergency department, and later in a pediatric special care unit. Her noteworthy work with families led to an opportunity to develop a new child life position with Memorial Hermann's inpatient pediatric palliative care team and outpatient hospice program. Working in home settings provided greater insight in how to creatively adapt interventions for the entire family.

Meghaan has been a speaker at multiple regional, national, and international conferences regarding supporting siblings through death, maternal death, therapeutic play, and self-care. She authored a chapter on supporting grieving siblings in the *Handbook of Perinatal and Neonatal Palliative Care*, scheduled for publication (Springer) in late 2019. She has been involved in multiple national committees and task forces with the Association of Child Life Professionals and currently serves as the chair of the Professional Development Mega Committee.

MAIN CONFERENCE PLENARY SPEAKERS

TERRI MAJOR-KINCADE, MD



Dr Major-Kincade was first introduced to America over 20 years ago as the young Neonatologist featured on ABC's Houston Medical, when her patient died unexpectedly on national television. She received her bachelor's degree from Prairie View A&M University and her Medical and Master's in Public Health's Degrees from UCL A. She is a highly requested keynote speaker known in the industry for her authenticity and compassion in discussing challenging topics around racial health disparities and neonatal palliative care. Dr. Terri is a two-time bestselling author and has been featured in *Ebony*, *NBC*, *Huggies* and *Black Doctor.Org*. She currently serves as Chair for the Texas March of Dimes Steering Committee for African American Outreach as well as Chair for the Health Equity and Diversity Inclusion Committee for the National Board of Pregnancy Loss and Infant Death Alliance (PLIDA) and The Return To Zero HOPE Foundation.

INTERACTIVE PLENARY PANEL: PERINATAL AND NEONATAL PALLIATIVE CARE

BRIAN S. CARTER, MD



Dr. Carter is a board-certified Neonatologist who has practiced in academic medicine for 30 years. He is also trained in bioethics and palliative care. His current practice focuses on providing follow-up care to NICU graduates and serving as a consultant neonatologist in the Fetal Health Center. He enjoys mentoring medical students, residents and fellows locally and across the country. He is the local PI for the NIH funded multi-site ECHO study of a cohort of babies born <30 weeks' gestation. He publishes, lectures, and teaches in biomedical ethics and is the Co-Director of the CMH Certificate Program in Pediatric Bioethics. He is a pioneer in pediatric palliative, having contributed to the field for 20 years, and presently focuses on neonatal-perinatal palliative care.

He has authored over 100 peer-reviewed articles and 30 book chapters addressing pediatric and neonatal care, ethics and palliative care and is a contributing author and editor of *Merenstein & Gardner's Handbook of Neonatal Intensive Care*; the 1st textbook on pediatric palliative care, *Palliative Care for Infants, Children & Adolescents*; and the 1st textbook on neonatal-perinatal palliative care, *Handbook of Perinatal & Neonatal Palliative Care* - with Rana Limbo and Charlotte Wool. Dr. Carter is a past chairman of the AAP's Section on Hospice & Palliative Medicine and has received honors from the National Hospice & Palliative Care Organization (2003), the William A. Silverman Lecture in Ethics from the Pediatric Academic Societies (2008), and in 2018 he received the William T. and Marjorie Sirridge Endowed Professorship in Medical Humanities & Bioethics at the University of Missouri-Kansas City, School of Medicine. He previously served on the faculty of Vanderbilt University and the Medical College of Georgia after leaving the US Army as a Lieutenant Colonel in 1996.

PLENARY SPEAKERS (CONT)



INTERACTIVE PLENARY PANEL: PERINATAL AND NEONATAL PALLIATIVE CARE KATHIE KOBLER, PHD, APRN, PCNS-BC, CHPPN, FPCN, FAAN



Dr. Kathie Kobler is an advanced practice nurse with over three decades of clinical experience providing a relationship-based approach to care for infants and children with serious illness, and their families. She currently serves as APRN for the Center for Fetal Care at Advocate Children's Hospital.

Dr. Kobler's commitment to children is reflected through service in national organizations, leading policy, certification, and educational initiatives to advance the fields of perinatal, neonatal, and pediatric palliative and bereavement care. Her scholarship focuses on areas often unnoticed, including the role of ritual in end-of-life care. She is well known for integrating relational and interactive teaching methods to help nurses and interdisciplinary clinicians find their gifts and optimize professional well-being when providing end-of-life care.

Dr. Kobler's clinical expertise has been recognized through awards from national organizations including 2017 Distinguished Career Award from the Hospice and Palliative Nurses Association (HPNA), Fellow Designation by HPNA, and Jonas Nurse Leaders Scholar Award from the Jonas Center for Nursing Excellence.

INTERACTIVE PLENARY PANEL: PERINATAL AND NEONATAL PALLIATIVE CARE RANA LIMBO, PHD, RN, CPLC, FAAN



Dr. Rana Limbo's 50+-year nursing career began at St. Olaf College, followed immediately by a master's in maternal child nursing from the University of Colorado. She was then hired as a bedside nurse at Colorado General Hospital. She was drawn to the emotional aspects of childbearing, through both her education and clinical experiences in her early career. Specifically, Dr. Limbo found herself wanting to raise the standard of care for those women and families who suffered grief from multiple causes. Eventually, she was hired as the first coordinator of Resolve Through Sharing (RTS) at Gundersen Health System, La Crosse, Wisconsin in 1981. As a co-founder of RTS, she was an educator, curriculum designer, writer, and researcher, roles she continued throughout her career. She earned a second master's in adult psychiatric and mental health nursing (Indiana University) and a PhD in nursing from the University of Wisconsin - Madison.

As an international leader in perinatal bereavement, she has educated thousands of professionals; authored or edited six books, numerous journal articles and book chapters; and brought the teaching/learning theory of guided participation to be central in the RTS core curriculum. Her primary research topic, miscarriage, led to innovative understandings of the early ending of a pregnancy. Dr. Limbo has been involved in numerous organizations, including the Pregnancy Loss and Infant Death Alliance, where she served as president for two terms and numerous conference planning committees. She was recognized as a pioneer in perinatal bereavement at both the 2018 and 2020 conferences. She was an invited member of the International Work Group on Death, Dying, and Bereavement and inducted as a Fellow in the American Academy of Nursing, nursing's highest honor.

PLENARY SPEAKERS (CONT)



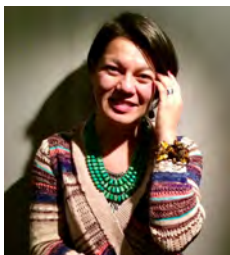
BETH PERRY BLACK, PHD, RN, FAAN



Beth Perry Black, PhD, RN, FAAN, Associate Professor at the University of North Carolina at Chapel Hill, has a career in nursing spanning four decades. She became interested in grief and bereavement in perinatal settings early in her work as a labor and delivery nurse in a tertiary care medical center. Perinatal and neonatal deaths were not uncommon, but adequate grief care was guided only by nurses' best intentions, not evidence. The overarching theme of her career involves altered trajectories of pregnancy and parenting, specifically perinatal loss and its aftermath. With colleagues Rana Limbo and Patricia Wright, Dr. Black edited *Perinatal and Pediatric Bereavement for Nurses and Other Health Professionals* (Springer), which won the 2016 AJN Book of the Year Award, end-of-life category. She has had an NIH grant to study end-of-life care after a life-limiting fetal diagnosis, and funding from the Gay and Lesbian Medical Association to study reproductive loss in lesbian couples.

Dr. Black publishes *Professional Nursing: Concepts and Challenges* (Elsevier), now in its 9th edition; this text is widely used in the US, UK, and has been translated for use in South Korea. Dr. Black has a three-year visiting professorship at the Guangzhou (China) University of Traditional Chinese Medicine and Nursing, and has taught content on palliative and end-of-life care, research ethics, and scholarly writing to faculty colleagues there. She also has taught numerous workshops on scholarly writing, and has extensive experience editing research proposals and academic manuscripts. Dr. Black considers her work on the Board of Directors of a large, not-for-profit hospice and palliative care organization in central NC to be her most significant professional contribution. From her research and work with families whose newborn infants had significant life-limiting conditions, Dr. Black realized the severe lack of community resources for these families. At her urging, the Board moved to implement a pediatric palliative and hospice program, the most comprehensive of its type in NC. This program now serves many children and families who would otherwise be without appropriate care at this most vulnerable time.

MANDY KELSO



Mandy and her husband Robbie have experienced the death of their son Wyatt as a newborn and multiple miscarriages. The work, study, travel, and numerous other opportunities Mandy describes below have culminated in paintings and poetry, featured in the book *Poems for Wyatt*. Mandy received her degree in Studio Art and Literature from Rice University, where she attended on full scholarship. In 2001 she was awarded the Zhonghua Fellowship, which allowed her to live and study in Guangzhou, China for a year, studying culture, watercolor, and textiles. Originally from Texas, she has worked in Austin costuming short films, and produced several fashion and art shows throughout New York and Texas. As a community leader, she has served on the Board of Managers for the International YMCA, the Friends of Maple Grove nonprofit, and the United Nations Association YP Group as the Asian Affairs Director. She currently serves on the board for Library For All, which provides educational content to students in impoverished countries. She has traveled throughout Asia, South America, Europe, Australia, and Africa painting and speaks Spanish, and limited Mandarin and Polish.

Mandy was the previous Resident Artist at Theceeflat Gallery in Greenpoint, Brooklyn, and now has moved her studio to Beacon, NY. By sharing her artwork and studios, she has been able to support art exhibits and fundraisers for a myriad of global nonprofits and offers community art and design classes to the public on request. She has worked as an instructor, fashion designer, and costumer for over 20 years and has painted over the last 15 years. She has read her written works at various readings across New York City and has been published in abbreviated collections. While her artwork focuses on narrative scenes from around the world (plein aire paintings from her travels) and the power, color, and profundity of the human spirit, her poetry more often comments on the unifying themes of struggle which serve to ignite and magnify such profundity.

MARIANNE H. HUTTI, PHD, WHNP-BC, FAANP, FAAN



Dr. Marianne Hutti is a full Professor at the University of Kentucky College of Nursing, and a Women's Health Nurse Practitioner in private practice, managing the care of about 500 women in Louisville, KY. Dr. Hutti publishes often and speaks frequently at national and international meetings on subjects related to women's health care. She is nationally-recognized as an expert Women's Health Nurse Practitioner and is internationally-recognized for her research in perinatal loss. Dr. Hutti is a Fellow in the American Association of Nurse Practitioners and a Fellow in the American Academy of Nursing.

IPBC CONFERENCE SCHEDULE



TUESDAY, MAY 11, 2021

5:00PM - 7:00PM Registration Opens
5:00PM - 9:00PM Reflection Room: Marquette Room

PRECONFERENCE SCHEDULE: WEDNESDAY, MAY 12, 2021

6:55AM - 6:00PM Registration Opens
7:00AM - 9:00PM Reflection Room: Marquette Room
7:00AM - 7:45AM Continental Breakfast for Preconference Registrants: French Room
7:45AM - 8:00AM Welcome and Opening: Gold Coast Room
8:00AM - 9:15AM Preconference Plenary Session #1: In Their Own Words: Supporting the Sibling Bond (Meghaan R. Nguyen, MSW, CCLS)
9:15AM - 9:30AM Coffee Break: Drake Room
9:30AM - 12:30PM Preconference Sessions #1
12:30PM - 2:00PM Lunch (on your own)
2:00PM - 5:00PM Preconference Sessions #2
5:00PM - 9:00PM Exhibits Open: Gold Coast Room and French Room
6:30PM - 9:00PM Welcome Reception: Palm Court

MAIN CONFERENCE SCHEDULE: THURSDAY, MAY 13, 2021

6:55AM - 4:30PM Registration Opens
7:00AM - 9:00PM Reflection Room: Marquette Room
7:30AM - 7:00PM Exhibits Open: *Exhibits will be closed during Plenary and Concurrent Sessions*
7:15AM - 8:15AM Continental Breakfast: Camellia and Drake Room
8:15AM - 8:30AM Welcome and Opening: Grand Ballroom
8:30AM - 9:45AM Opening Plenary Session #2: Post-traumatic Stress in Black Mothers: The Interconnection of Systemic Racism with a Cumulative Legacy of Loss and Trauma: Terri Major-Kincade MD, MPH
9:45AM - 11:00AM Poster Presentations and Coffee Break: Drake Room
11:15AM - 12:15PM Concurrent Sessions #1
12:15PM - 1:45PM Lunch (on your own)
1:45PM - 2:00PM Announcements: Grand Ballroom
2:00PM - 3:15PM Plenary Session #3: An Interactive Discussion with a Panel of Experts: Innovations in Perinatal and Neonatal Palliative Care (Brian S. Carter, MD; Kathie Kobler, PhD, APRN, PCNS-BC, CHPPN, FPCN, FAAN; Rebecca Hanna, LCSW; Moderator Rana Limbo, PhD, RN, CPLC, FAAN)
3:15PM - 3:30PM Break
3:30PM - 4:30PM Concurrent Sessions #2
6:00PM - 8:00PM Presidents Reception (by invitation only): Camellia Room
8:00PM - 10:00PM Off Site Activity
-

FRIDAY, MAY 14, 2021

6:55AM - 5:00PM Registration Open
7:00AM - 7:00PM Reflection Room: Marquette Room
7:00AM - 8:00AM Continental Breakfast: Camellia and Drake Room
7:30AM - 7:00PM Exhibits Open: *Exhibits will be closed during Plenary and Concurrent Sessions*
8:00AM - 8:15AM Welcome and Opening: Grand Ballroom
8:15AM - 9:30AM Plenary Session #4 (An)other: Valuing Difference, Sameness, and Distinctness (Beth Perry Black, PhD, RN, FAAN)
9:30AM - 10:30AM Poster Presentations and Coffee Break: Drake Room
10:45AM - 11:45AM Concurrent Sessions #3
11:45AM - 1:45PM Lunch on your own
1:45PM - 2:00PM Announcements: Grand Ballroom
2:00PM - 3:15PM Plenary Session #5: "Loving Wyatt: A Journey Through Infant Loss and Recurrent Pregnancy Loss" (Mandy Kelso, Author)
3:15PM - 3:30PM Break
3:30PM - 4:30PM Concurrent Sessions #4
4:30PM - 6:30PM Book Signing Reception: French Room
7:00PM - 7:00PM Exhibits and PLIDA Place Close

SATURDAY, MAY 15, 2021

7:00AM - 8:00AM Registration Opens
8:00AM - 9:00AM Continental Breakfast: Gold Coast Room
9:00AM - 10:15AM Plenary Session #6: Reducing the "Cost of Caring" after Perinatal Loss (Marianne H. Hutti, PhD, WHNP-BC, FAANP, FAAN)
10:15AM - 10:30AM Conference Closing
12:00PM - TBD Off Site Activity

CONTINUING EDUCATION CREDITS



The IPBC is pleased to offer continuing education credit to multiple clinical disciplines, including nurses, chaplains, social workers, physicians, child life specialists and more.

Those who request continuing education credit for attending the conference will be assessed a discipline specific fee payable at the time of registration. Signing up for continuing education must be completed at registration. Completion of online sign-in and evaluation is required for contact/CE hours. Please see fees in the table below.

To receive continuing education (CE) credit, you must be present for the entire session for which CE credit is claimed. Sign-in and evaluation instructions will be emailed to all attendees and completed online. Attendees registering for continuing education credit are responsible for providing an email address to receive communications related to CE credits.

NURSING & INTERDISCIPLINES CONTACT HOURS

Gundersen Lutheran Medical Center, Inc., is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation and in California, is approved by the California Board of Registered Nursing, provider #12245.

Resolve Through Sharing is a provider for the National Association for Catholic Chaplains. Please visit www.plida.org, for continuing education updates.

A link to download or print continuing education certificates will be provided at the end of the online evaluation.

PHYSICIANS CONTACT HOURS

In support of improving patient care, Rush University Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity is being presented without bias and with commercial support.

Rush University Medical Center designates this live activity for a maximum of Seventeen and One Quarter(**17.25**) AMA PRA Category 1 Credit(s)[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Rush University Medical Center designates this activity for Seventeen and One Quarter (17.25) CE credits in psychology.

PSYCHOLOGISTS CONTACT HOURS

In support of improving patient care, Rush University Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity is being presented without bias and with commercial support.

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Rush University Medical Center designates this activity for Seventeen and One Quarter (17.25) CE credits in psychology.

GENETIC COUNSELING CONTACT HOURS

This event has been submitted to the National Society of Genetic Counselors (NSGC) for approval of Category 1 CEUs. The American Board of Genetic Counseling (ABGC) accepts CEUs approved by NSGC for purposes of recertification. Approval for the requested CEUs and Contact Hours is currently pending.

SOCIAL WORKERS CONTACT HOURS

Rush University is an approved provider for physical therapy (216.000272), occupational therapy, respiratory therapy, social work (159.001203), nutrition, and speech-audiology by the Illinois Department of Professional Regulation.

Rush University designates this live activity for a maximum of 17.25 (17.25) continuing education credits for physical therapists, occupational therapists, respiratory therapists, social workers, nutritionists, speech pathologists, audiologists, and/or psychologists.

If a discipline specific CEU is awarded after completion of your registration, please contact Rossana Urbina at rossana.urbina@plida.org to register for and receive your CEU's.

Planners claim no conflict of interest. Speaker conflict of interest, if any, will be provided to participants prior to the start of the conference. Off-label use of any products will not be discussed. Other disciplines will receive a certificate of attendance. Please watch this section of the conference brochure for updates.

DISCIPLINE	FEE USD
Nursing & Interdisciplines Contact Hours	\$25.00
Physicians Contact Hours	\$50.00
Psychologists Contact Hours	\$30.00
Genetic Counseling Contact Hours	\$30.00
Social Workers Contact Hours	\$25.00

PRECONFERENCE SESSIONS



PRECONFERENCE SCHEDULE: WEDNESDAY, MAY 12, 2021

8:00AM - 9:15AM: MORNING OPENING PLENARY SESSION:

IN THEIR OWN WORDS: SUPPORTING THE SIBLING BOND: MEGHAAN R. NGUYEN, MSW, CCLS

The bond between an unborn baby and siblings can develop prior to birth and continue even after death. In times of bereavement, families frequently seek guidance from staff in how to support the needs of surviving siblings. Recognition and support of the sibling bond is important in the process of meeting their needs. In this session, siblings will describe their relationship with their deceased sibling and share important parts of that relationship, which is remembered and valued throughout their lifetime.

9:30AM -12:30PM: PRECONFERENCE SESSIONS #1

MEMORY MAKING AND PLANNING GROUP ACTIVITIES: ROSEMARY CARLSON, BS

This workshop will focus on helping families commemorate and remember their baby in tangible ways. The first part will be a presentation of ways to provide unique mementos for the entire family unit at the time of the loss, including siblings and grandparents. During the second part, Carlson will share her experience and ideas for planning and hosting memorial and other events for support groups and in other group settings. Attendees will also have the opportunity to participate in a hands-on activity at the end of the session.

A PROPOSED MODEL OF PROGRAMMATIC BEREAVEMENT OUTREACH FOLLOWING INTRAUTERINE AND NEONATAL DEATH: JOANNA CM. COLE, PHD, PMH-C AND JOY N. MACDONALD, BSN, RN

There are no current clinical standards for bereavement outreach following an intrauterine or neonatal death within most fetal care centers or hospital institutions. This presentation will ask audience members to share grief resources to aid in clinical practice. Case studies and audience discussion will further describe how a fetal care center's bereavement program developed systematic implementation of a standardized protocol to track perinatal loss and provide consistent outreach and resources for grieving women and families.

EVALUATION OF STILLBIRTH: CONSTRUCTING MEANING FROM PATHOLOGY: LINDA M. ERNST, MD, MHS

Talking to parents about performing an autopsy on their baby can be challenging and uncomfortable for care providers, often because they are unsure of the best ways to describe the benefits to parents. In this session, participants will learn about the barriers that may prevent caregivers from talking to their patients about autopsy while giving practical tips that will empower them to feel comfortable and confident when discussing the process and value of autopsy with grieving parents.

PERINATAL LOSS IN THE AA COMMUNITY AND THE ROADMAP TO HEALING A LEGACY OF LOSS: TERRI MAJOR-KINCADE MD, MPH AND KILEY HANISH, OTD, OTR/L

Unless we are familiar with the route from previous experience, trips require roadmaps, now usually offered to us via satellite on our smart devices or in our cars. The roadmap presented by Drs. Major Kincade and Hanish serves a valuable purpose in our responses to African American families and their pain after childbearing losses. Their three-pronged approach--synopsis of the problem, the real story, and solutions--taken together form the map's elements, necessary for clarity in traveling what may be a brand-new path. Examples include how policies are worded and enacted, how staffing is assigned, and how systemic bias can be identified.

PSYCHOTHERAPY FOR PREGNANCY LOSS AND NEWBORN DEATH: ADVANCED SKILLS, RESEARCH UPDATE AND CURRENT CONTROVERSIES: DEBORAH RICH, PHD, LP

Given that 20- 25% of all pregnancies do not survive to a healthy live birth, most psychotherapists treating adults in their reproductive years will encounter this tragic experience. The ideal course of treatment is for the client to remain with his or her trusted psychotherapist as long as the therapist has basic competency in perinatal bereavement. This workshop will address best practice in the medical setting, medical terminology and procedures, patterns of perinatal grief, normal trajectory of grief, differential diagnosis including DSM 5 considerations, and psychotherapeutic interventions.

Note: This session is only open to psychotherapists, in practice, working toward licensure, or in training/graduate school. Any mental health professional discipline including advance practice nurse are welcome

2:00PM - 5:00PM: PRECONFERENCE SESSIONS #2

SUPPORT THROUGH COMMUNITY: A PERINATAL & INFANT LOSS SUPPORT MEETING WORKSHOP: PATTI BUDNIK BSN, CPLC, VICKI CULLING, BA, MA, PHD, AND CAROL MCMURRICH, EDM

In this highly interactive workshop, participants will explore different styles of support groups and break down the different practical components of successful support meetings. Participants will be introduced to and try themselves the elements that make up successful support meetings such as strong, safe introductions; clear, trauma-informed guidelines; handling challenges during discussion; and closing the meeting in a way that promotes continuing communication and community. After experimenting with different methods, participants will reflect on the different styles and approaches to support meeting facilitation and envision models that would best work within their own communities.

PRECONFERENCE SESSIONS



2:00PM - 5:00PM: PRECONFERENCE SESSIONS #2 (CONTINUED)

PERINATAL MOOD AND ANXIETY DISORDERS: AN OVERVIEW: BIRDIE GUNYON MEYER, RN, MA, PMH-C

This preconference session will cover the many faces of Perinatal Mood and Anxiety Disorders (PMADs), signs and symptoms, and risk factors. Prevalence, screening tools and assessment, treatment options, and resources will also be discussed.

ETHICAL AND COMMUNICATION ISSUES IN THE PERINATAL UNIT: MARK SHELDON, PHD

There is a need in perinatal units for the discussion of complex ethical issues, along with difficult communication challenges, which the staff encounters daily. This session will involve a description of efforts that have been made to address the problem. This will include a depiction of the way in which meetings are structured, the kinds of cases that are considered and their origin, and the way in which ethical and communication issues are revealed and dealt with. Particular attention will be given to issues that create deep frustration and moral distress in the staff.

MINDFUL JOURNEYS: AN INNOVATIVE APPROACH TO HEALING FOR MOTHERS/PARENTS EXPERIENCING PERINATAL LOSS: DAVID M. STEINHORN, MD AND JANA DIN, BA

This session will introduce the attendee to concepts of mindfulness and explain how a mindful state, in contrast to a state of emotional upheaval, can contribute to reconciling grief and achieving personal growth. The process of journeying to a quiet, mindful, internal place for self-reflection will be discussed as an introduction to transpersonal psychology. Tools for moving into a transpersonal space will be offered, including an experience of gentle drumming as a non-verbal way to achieve mindfulness.

RECOGNIZING MISCARRIAGE THROUGH STANDARDIZED RESPECTFUL DISPOSITION PRACTICE AND INCLUSIVE RITUAL: ANN TYNDALL, MDIV, BCC, CPLC

Research shows that 75% of women who experience a miscarriage view it as the loss of a baby, yet not all healthcare systems have a way of respectfully disposing of miscarriage remains. This workshop highlights Resolve Through Sharing's respectful disposition practice at Gundersen Health System and references its annual burial as an example of inclusive ritual. Considerations for establishing hospital-based respectful disposition, including data gathering and crafting institutional policies and standards of practice, will be discussed. Working in small groups, participants will explore the challenges and possibilities for creating a respectful, broadly inclusive ritual.

MAIN CONFERENCE SESSIONS

MAIN CONFERENCE SCHEDULE: THURSDAY, MAY 13, 2021

8:30AM - 9:45AM: MORNING OPENING PLENARY SESSION:

POST-TRAUMATIC STRESS IN BLACK MOTHERS: THE INTERCONNECTION OF SYSTEMIC RACISM WITH A CUMULATIVE LEGACY OF LOSS AND TRAUMA: TERRI MAJOR-KINCADE MD, MPH

Dr. Major Kincade is opening the 22nd International Perinatal Bereavement Conference for a second time, the first time in conference history that a speaker has been invited to offer opening plenaries at back-to-back conferences. As a neonatologist, author, expert in health care for African Americans, teacher, board advisor, and widely known speaker, she will support us as we come through the only pandemic in our lifetimes. The frequency of post-traumatic distress in new mothers, especially mothers of color, is a hidden epidemic in childbearing women. This talk is intended to help those who provide health care to Black women to do so with a renewed sense of where we fall short. Only by coming to understand what these are, will we be able to know what questions to ask, how to ask them, and how to listen to responses.

11:15AM - 12:15PM: CONCURRENT SESSION #1

EFFECT OF PERINATAL PALLIATIVE CARE ON OUTCOMES OF FAMILIES OF CHILDREN WITH TRISOMY 13 AND TRISOMY 18: IRENE CHERRICK, MD

The recommendations for care of children with Trisomy 13 and 18, as with other diseases has moved from a classic non-interventional approach to that of shared decision making based upon individual circumstances. The role of Pediatric/Perinatal Palliative Care in the care of these children is underutilized, especially during the perinatal period. This session will help participants become more aware of the current outcomes data for children with Trisomy 13 and 18 as well as the role of Pediatric/Perinatal Palliative Care from time of diagnosis and how this care affects outcomes.

PERINATAL BEREAVEMENT CARE IN SCOTLAND: AN ETHNOGRAPHIC STUDY: DENISE CÔTÉ-ARSENAULT, PHD, RN, CPLC, FNAP, FAAN

In this session the participant will learn about the ethnographic study conducted in Edinburgh, Scotland. Immersion in the culture of perinatal bereavement care, specifically through attending multiple support groups for bereaved parents and interviewing midwives who care for bereaved families in the hospital and community, led to new understanding of the influence a national health service in a culture other than the US has on post-loss care. Through photographs, case studies, policy analysis, and reflection on differences in approaches, the session features multiple implications for US care providers.

MAIN CONFERENCE SESSIONS



11:15AM - 12:15PM: CONCURRENT SESSION #1 (CONTINUED)

HOPING FOR A MIRACLE: PALLIATIVE CARE . . . THE BEGINNING: BERNADETTE FLYNN-KELTON BSN, RN, IBCLC, RLC AND SUSAN STRASZYNSKI MSN, RN, RNC-OB, C-EFM, CPLC

This presentation will provide attendees with the beginning steps to create an evidence-based palliative care program. Curriculum content will include methods for developing an interdisciplinary collaborative program to meet the individualized needs of families. Speakers will share personal experiences and methods used to create relationships with families and guide them through decision making and palliative care options. The presentation will conclude with a video documentation of a journey through preserving hope, birth, and death.

PERINATAL MOOD AND ANXIETY DISORDERS AND THE INTERSECTION WITH GRIEF AND LOSS: BIRDIE GUNYON MEYER, RN, MA, PMH-C

Many institutions still do not teach basic knowledge of Perinatal Mood and Anxiety Disorders (PMADS), leaving patients without care and treatment and tragic consequences. This concurrent session will provide attendees the basic accurate knowledge of perinatal mood and anxiety disorders, treatment options, and resources available. As the title indicates, the presenter will focus on PMADS and their relationship to perinatal grief and loss, providing a specific context to the preconference on PMADS.

BEYOND TRADITIONAL KEEPSAKES: CREATING INTANGIBLE MEMORIES THROUGH MEANINGFUL EXPERIENCES: MEGHAAN R. NGUYEN, MSW, CCLS AND HEATHER EPELHEIMER, CCLS, CPLC

There has been increased attention given to the importance of creating tangible keepsakes for families during bereavement. However, equal attention should be given to the importance of offering bonding opportunities through normalizing experiences and supporting family rituals. Myths, misconceptions, and personal biases can all be barriers in creatively adapting care and supporting the needs of families. This session will explore how care can be personalized through meaningful experiences and address how to work through potential barriers.

MANAGING AMBIGUITY: CARING FOR A MOTHER EXPERIENCING A STILLBIRTH: NATASHA NURSE-CLARKE, PHD, RN

This session will present the results of a recent dissertation study aimed at describing and conceptualizing the experiences and processes involved when labor and delivery nurses provide care to women experiencing a stillbirth. The theory, "Managing Ambiguity," emerged as the basic social process of how nurses struggle to care for a mother whose baby was stillborn. This theoretical underpinning summed up the substance of what was occurring when nurses cared for a mother experiencing a stillbirth and was characterized in three different categories: experiencing a spectrum of emotions, managing the ambiguous patient, and managing institutional ambiguity.

2:00PM -3:15PM: AFTERNOON PLENARY SESSION: AN INTERACTIVE DISCUSSION WITH A PANEL OF EXPERTS: INNOVATIONS IN PERINATAL AND NEONATAL PALLIATIVE CARE: BRIAN S. CARTER, MD; KATHIE KOBLE, PHD, APRN, PCNS-BC, CHPPN, FPCN, FAAN; REBECCA HANNA, LCSW; CHARLOTTE WOOL PHD, RN, FAAN; AND MODERATOR RANA LIMBO, PHD, RN, CPLC, FAAN

PLIDA is proud to offer a multidisciplinary panel of known experts to present the latest research and clinical practice in perinatal and neonatal palliative care. Each presenter will speak individually and, as a group, respond to audience questions. With a physician, advance practice and nurse researchers, and a social worker as speakers, this unique educational experience promises to bring you new ideas, challenging reflections, and hope for growing competencies in caring for families who experience perinatal and neonatal palliative care.

3:30PM - 4:30PM: CONCURRENT SESSIONS #2

ETHICS & PERINATAL PALLIATIVE CARE: BRIAN S. CARTER, MD

Dealing with complicated pregnancies and fetal diagnoses, parental stress, and decision making under circumstances of uncertainty may all bring matters of ethical import to light for interdisciplinary clinicians in perinatal-neonatal palliative care. This session will review ethical principles, virtues, values, and other approaches to be used in resolving ethical dilemmas in perinatal-neonatal palliative care.

THE INTERSECTION OF FETAL THERAPY AND PERINATAL/NEONATAL PALLIATIVE CARE: KATHIE KOBLE, PHD, APRN, PCNS-BC, CHPPN, FPCN, FAAN

A tremendous evolution in fetal diagnostics and procedural techniques have resulted in an increased spectrum of fetal conditions that can be addressed by in utero surgery. Multidisciplinary team members should be prepared to address the unique fetal, maternal, and neonatal challenges that arise for families receiving diagnoses of serious fetal illness. This session will highlight palliative care principles and strategies that can be implemented, at the time of delivery, and in the neonatal period.

PREGNANCY AFTER A LOSS: JOEY MILLER, MSW, LCSW

Of the millions of pregnancies conceived annually in the U.S. alone, one third result in loss, and of those born, 22,000 infants die within their first year. These numbers are staggering - but underscore the pervasiveness of this type of loss. This tragedy can extend beyond profound grief, creating extensive physical/emotional/psychological hurdles for women when they consider another pregnancy - something the majority of bereaved women will pursue. This session explores the unique challenges women face as they manage lingering grief while trying to conceive and through another pregnancy...but will also leave participants with an encouraging message of healing and hope.

PERINATAL CARE CLINIC: ESTABLISHING A ROAD MAP FOR A FAMILY'S COMPLEX MEDICAL JOURNEY: SHEILA B. FRASCHT, RN, BSN, CHPPN, CPLC AND BRENDA HAAG, RN, BSN, CPN

Perinatal Care Clinic (PCC) at University of Iowa Hospitals and Clinics (UIHC) utilizes a family care conference model to provide information to high-risk OB patients expecting a baby with a complex medical condition. This collaboration between the OB department and the children's hospital focuses on birth care planning and the development of a post-delivery plan of care. This team approach benefits patients, families, and care providers, and ensures meaningful conversations that will guide care that is most aligned with a family's goals of care for their baby.

MAIN CONFERENCE SESSIONS



3:30PM - 4:30PM: Concurrent Sessions #2 (continued)

PERINATAL LOSS: THE CRITICAL ROLE OF PLACE/BELONGING AND PROTECTION: ELIZABETH LEVANG, PH.D. AND CURTIS LEVANG, PH.D.

Perinatal loss is often viewed as psychological trauma due to its far-ranging impact. We propose a new approach to perinatal loss that provides a necessary and valuable link between basic developmental needs and psychological trauma. This session will present a new paradigm of healing that will form a common understanding of the loss experience with the care team and improve the care of women and their families.

MAIN CONFERENCE SCHEDULE: FRIDAY, MAY 14, 2021

8:15AM - 9:30AM: MORNING PLENARY SESSION: (AN)OTHER: VALUING DIFFERENCE, SAMENESS, AND DISTINCTNESS: BETH PERRY BLACK, PHD, RN, FAAN

In this session, Dr. Black will introduce concepts of *other*, *othering*, and *another* from social sciences and the humanities to extend the discourse around culture, diversity, and inclusion. She will discuss how "othering" devalues persons, the dimensions of devaluation, and how "anotherness" can support the intrinsic value of persons across the spectrum of human experience.

10:45AM - 11:45AM: CONCURRENT MORNING SESSIONS #3

A CONVERSATION ON (AN)OTHER: VALUING DIFFERENCE, SAMENESS, AND DISTINCTNESS: BETH PERRY BLACK, PHD, RN, FAAN

Building on the content from her plenary session, Dr. Black will lead a panel discussion and conversation on what it means to be "othered" and what being valued looks like to persons for whom othering is common. The goal of this session is to help participants critique and expand discourses around diversity and inclusion, and to examine ways that valuing difference, sameness, and distinctness can enhance one's professional practice.

UNDERSTANDING PERINATAL PALLIATIVE CARE: COORDINATOR ROLES: "MEETING THE FAMILY WHERE THEY'RE AT": DENISE CÔTÉ-ARSENAULT, PHD, RN, CPLC, FNAP, FAAN AND ERIN M. DENNEY-KOELSCH, MD, FAAHPM

In this session, the results of an interview study of 12 expert perinatal palliative care coordinators from across the country will be presented. Using their overarching philosophy of care, the presenters will describe their goals for patient care, the tasks they undergo, and the roles they play in facilitating improved care for patients and families facing life-limiting prenatal diagnoses. In the final 15 minutes, participants will work through a case study as a care coordinator to understand implications for practice.

UNDERSTANDING NURSES' EXPERIENCES OF CARING FOR THE CHILD WHO IS DYING THROUGH A RELATIONAL ETHICS LENS: KARLIE DEANGELIS, RN, BNSC, MSCN

Caring for children who are dying requires exploration to understand and validate the meaning of this lived experience for nurses. This session poses the question: What is the meaning of caring for a dying child for nurses within their ethical commitments and responsibilities? Guided by relational ethics and visual expression, five thematic patterns are presented: a) Careful cultivation of a team approach shapes end-of-life decisions; b) Resilience and affirming of self as nurse arise with alleviating suffering; c) Navigating sustained turmoil; d) Willingly sojourning in loving presence; and, e) Facilitating and valuing a family's role in their experience of end-of-life.

HOW TO RECOGNIZE AND DEAL WITH SHAME IN PREGNANCY LOSS: IRENA MILENTIJEVIC, PSYD

Shame is an essential part of grieving that is often ignored. Currently, most of the focus is on grief following pregnancy loss, while women experience a range of feelings. In this session, Dr. Milentijevic will help participants to recognize and address shame in women after pregnancy loss.

PATERNAL PERINATAL MENTAL HEALTH DISORDERS AFTER PERINATAL LOSS: ELYSE SPRINGER, MA-CLP, LMFT, PMH-C

Perinatal loss impacts fathers profoundly, but they do not always receive the kind of support they need. Gaps in knowledge around Paternal Perinatal Mental Health Disorders (PPMHD) and their intersection with perinatal loss, along with stigma and bias around men's experience of loss, impacts the whole family system, and has significant clinical implications for future pregnancies and childrearing. This session focuses on increasing participants' skill in recognizing, referring, and treating PPMHD following perinatal loss.

PRESENTATION OF PAPER CLOSE TO HOME: PERINATAL PALLIATIVE CARE IN A COMMUNITY HOSPITAL: TAMMY RUIZ ZIEGLER BSN RN CPLC

Community based hospitals have unique characteristics which could be optimized to provide excellent perinatal palliative care to the families who live close by. Have you dismissed the idea of starting a perinatal palliative support service in your medium or small city? Come learn why the community setting might be an excellent place to provide comprehensive, family centered, affordable, compassionate and competent palliative care to babies born to the families in your area. Presentation based on presenter's article on Advances in Neonatal Care Special Series, June 2020.

MAIN CONFERENCE SESSIONS



FRIDAY, MAY 14, 2021

2:00 PM – 3:15PM: PLENARY SESSION #5: “LOVING WYATT: A JOURNEY THROUGH INFANT LOSS AND RECURRENT PREGNANCY LOSS”: MANDY KELSO, AUTHOR

Join author and artist Mandy Kelso as she describes the many phases and faces of grief experienced after child loss and through years of recurrent pregnancy losses (12 miscarriages over the course of 4 years). She will read excerpts from her book entitled *Poems for Wyatt* (published November 2018) and share original artwork produced throughout her family's ongoing grief and transformation. Mandy and her husband, Robbie Kelso, will engage with audience members in a conversation that will add depth and meaning to their story told through art, poetry, and rich narrative.

3:30PM – 4:30PM: AFTERNOON CONCURRENT SESSIONS #4

PROMOTING PERINATAL LOSS HEALING THROUGH GROUP PARTICIPATION: UNDERSTANDING DIFFERENT SUPPORT GROUP MODALITIES ACROSS THE SPECTRUM: NANCY BERLOW, LCSW AND SARA VASILIOU

This session will offer the opportunity to learn about different types of support groups for women and couples. Participants will learn about the strengths and weaknesses of closed, open, online, and alternative support group models. The learner will be able to assess which type of group is appropriate depending on the goals of the group and needs of the intended participants, and to take steps to plan and initiate the support group.

PSYCHOLOGICAL OUTCOMES FOLLOWING PREGNANCY LOSS: AGATA FREEDLE, MA, LPC, NCC

Historically, research has focused on parental grief reactions and affective responses following pregnancy loss. Extant literature shows that women can experience negative mental health outcomes following pregnancy loss such as symptoms of depression, anxiety, and acute and posttraumatic stress disorder. However, there is a growing recognition that in order to fully understand the psychological outcomes following a traumatic event, negative as well as positive transformations the individual may undergo need to be considered. This presentation will focus on increasing participants' understanding of differential outcomes following pregnancy loss.

ARAB MUSLIM IMMIGRANTS' PERCEPTIONS OF PERINATAL LOSS CARE IN THE USA: MARIANNE H. HUTTI, PHD, WHNP-BC, FAANP, FAAN

In the US, Islam is the fastest growing religion, and women of color and women who are immigrants from developing countries are at highest risk of perinatal loss. Cultural values have a major influence on the significance and impact of the loss for parents. This session will review literature-supported Islamic perspectives on fetal and infant death, bereavement, and mourning rituals. These will be compared with the perceptions of 79 Arab Muslim adult immigrants who completed an investigator-developed survey regarding US perinatal bereavement practices. Participants will compare the study findings to the literature to determine discrepancies and suggestions regarding care.

CAPTURING THE VOICES OF BEREAVED PARENTS: THE CREATION OF VIDEOS TO EDUCATE HEALTHCARE PROFESSIONALS ON SKILLED AND COMPASSIONATE BEREAVEMENT CARE: MICHELLE LA FONTAINE, BAA, CLS AND MEGAN FOCKLER, RN MPH

In order to advocate for an increased incorporation of the lived experience of bereaved parents in educational strategies, PAIL Network created three new videos in 2019 where families were asked about their experiences of both helpful and hurtful bereavement care. The first Canadian videos of their kind, they allow professionals to hear directly from families and to advance best practice and quality improvement in education while engaging with families as partners. In this session, participants will explore how incorporating the parent voice into all aspects of perinatal bereavement education supports best practices and creates opportunities to improve their own bereavement care for families.

CREATING A SELF-CARE ROADMAP TO BUFFER SECONDARY TRAUMA: KILEY HANISH, OTD, OTR/L AND JODIE HNATKOVICH, LPC, PMH-C, CPLC

Providers caring for bereaved parents often feel like they have failed when they experience secondary trauma. However, burnout and compassion fatigue are a common occurrence when serving families that experience perinatal loss. This session addresses the prevalence and normalcy of secondary trauma among health providers and offers tangible ways for them to support themselves WHEN it happens to them. Acknowledging that self-care looks different for everyone, the goal is to assist providers in building a road map or 'plan' for implementing self-care.

MAIN CONFERENCE SCHEDULE: SATURDAY, MAY 15, 2021

9:00AM – 10:15AM: CLOSING PLENARY SESSION: REDUCING THE “COST OF CARING” AFTER PERINATAL LOSS MARIANNE H. HUTTI, PHD, WHNP-BC, FAANP, FAAN

Caring for families who have experienced the trauma of losing a much-loved baby through miscarriage, stillbirth, or newborn death may be difficult and heart-wrenching. This work affects the emotional, physical, and spiritual aspects of clinicians' lives. Clinicians must nurture and care for themselves, as well, to make sure the personal cost of such caring is not excessive. This session will review the research related to perinatal loss and compassion fatigue symptoms, risk and protective factors, and provide practical, innovative suggestions for self-care to enable clinicians to continue with this critically important and tender work.

POSTER PRESENTERS



Rural Perinatal Loss: A Needs Assessment

Julie S. Domogalla, MS

Using Creative Expression with Grieving Parents and Families

Holly Farmer, MA, LMHC and Lisa Haines, MSW

Professional Boundaries: When Lines Blur Between the Professional's Power and the Families Vulnerability

Judy Friedrichs DNP, RN

Returning to Duty Following Perinatal Loss

Jamie Gilchrist BSN, RNC-OB, CPLC

Adolescent Bereavement: A Developmentally Appropriate Approach

Stephen Gillenwater, MA, LCSW

Perinatal Palliative Care with Trisomy Families: Examining the Spectrum of Values Guided Experiences through a Case Series

Elizabeth Goudie, LMSW, APHSW-C and Patricia Keefer, MD, FAAHPM

Top 10 Pearls of Growth and Healing After Pregnancy and Infant Loss

Kiley Krekorian Hanish, OTD, OTR/L

Remembrance Photography as a Best Practice in Perinatal Loss Populations

Gina Harris, MNM and Missy Thomas, MSA

Factors Predicting Post-Mortem Evaluation After Stillbirth

Carrie Henry, MSN, CNM, Melinda Higgins, PhD, MS and Mi-Kyung Song, PhD, RN, FAAN

Pregnancy and Infant Loss: A Survey of Families' Experiences in Ontario, Canada

Michelle La Fontaine, BAA, CLStDipl and Megan Fockler, RN MPH

Parents' Experience of Continuing a Pregnancy after the Diagnosis of a Fetal Life Limiting Condition: A Qualitative Systematic Review

Stephanie J. Lelond, RN BN CNS, Graduate Student and Dr. Roberta Woodgate, RN, PhD, CRC Tier 1

Pregnancy after Perinatal Loss

Joann O'Leary, PhD, MPH, MS

The Ripple Effect of Perinatal Loss: Impact on Grandparents and Adult Siblings

Joann O'Leary, PhD, MPH, MS and Annette Klein RN

Meaningful Bereavement Care Following Miscarriage

Jennifer Potter, MDiv and Sharon Kauffman, MSN, RN, CPLC

Post-traumatic Stress Following Early and Late Pregnancy Loss: Risk Factors, Implications for Care Through the Subsequent Pregnancy and Opportunities for Post-Traumatic Growth.

Deborah Rich, PhD, LP

Poppy's Dream - Milk Donation after Loss

Susan Urbanski, CLS

The Pregnancy Research Project: Your Role in Improving Pregnancy Care

Lindsey J. Wimmer, CPNP, PHN, CPLC

WELCOME RECEPTION



For the first time in IPBC history, the Welcome Reception will be included with each registration!

All registered conference attendees are invited to join us the evening of Wednesday, May 12th in The Drake's iconic Palm Court to meet, engage and mingle with fellow attendees. This is the perfect opportunity for attendees to network, reconnect, and get acquainted in the beautiful setting of the Drake hotel with hors d'oeuvres and a cash bar.

**Should you wish to invite guests tickets are available for purchase through conference registration. Exhibitors are welcome to attend and can purchase tickets through their exhibitor application.*



Wednesday, May 12, 2021 | 6:30 PM - 9:00 PM

PRESIDENT'S RECEPTION

We are pleased to bring back an opportunity to attend a special President's Reception at IPBC 2021, honoring four well known perinatal bereavement pioneers:



Dr. Brian Carter



Dr. Kathie Kobler



Dr. Terri Major-Kincade



Dr. Rana Limbo

This special event is an intimate gathering designed to provide a time and space in a relaxed environment to honor these pioneers who have helped make health equity, ethics, perinatal and neonatal palliative care essential to the understanding of perinatal bereavement, founded internationally recognized education and services for the bereaved and those who care for them, established significant programs of research, and worked within national organizations to create innovations to credentialing. All have made significant contributions to the literature and clinical practice, including the books they are signing at the book signing reception on Friday, May 14th.

Those who register early for IPBC 2021 will be entered into a random drawing for an opportunity to attend this special event!

BOOK SIGNING RECEPTION



PLIDA is honored to host a book signing reception Friday, May 14, 2021 from 4:30PM-6:30PM.

Authors participating in the Book Signing include:

- Beth Perry Black, PhD, RN, FAAN
- Brian S. Carter, MD
- Rana Limbo, PhD, RN, CPLC, FAAN
- Terri Major-Kincade MD, MPH
- Kathie Kobler, PhD, APRN, PCNS-BC, CHPPN, FPCN, FAAN



Enjoy hors d'oeuvres and cash bar while interfacing with the authors and editors. The book signing reception is a wonderful opportunity to meet published perinatal experts and have your book personally signed. Books are available through the conference book store and select exhibitors.

**Book Authors and/or Editors: By Invitation Only.*

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LODGING - THE DRAKE CHICAGO



The location of the PLIDA conference is the iconic Chicago Hotel - **The Drake**. Within the hustle and bustle of downtown Chicago, you'll find this spectacular and elegant hotel within the prestigious Gold Coast neighborhood situated at the beginning of the Magnificent Mile. Lake Michigan and city views await you from the modern rooms and suites. Since 1920, The Drake has provided a destination for guests to experience a trip to Chicago in the most spectacular way. Landmark attractions, shopping, Lake Michigan, restaurants, and museums and theatrical arts are all within walking distance of the hotel.

A group rate of **\$209.00** is available for IPBC attendees from May 10 - 16, 2021.

Chicago, IL welcomes over 52 million visitors a year to experience their 5,200 restaurants, 250 theaters, 225 music venues, 56 museums, 580 parks 125 art galleries, and 26 beaches and an 18.5 mile lakefront path. The city is houses so much rich history, architecture, and culture, and can be experienced in every block within the downtown. Whether you're traveling to the PLIDA conference solo, with a group of colleagues, or your family, Chicago will not disappoint!

**BOOK
YOUR
ROOM
NOW**

TRANSPORTION: AIRPORT TO HOTEL

Chicago-OHare International Airport

Distance from Hotel: 14 mi., Drive Time: 45 min.

Bus Service (GO Airport Express): \$35

Subway/Rail: \$2.25

Taxi: \$42

Uber: \$40

Chicago Midway Airport

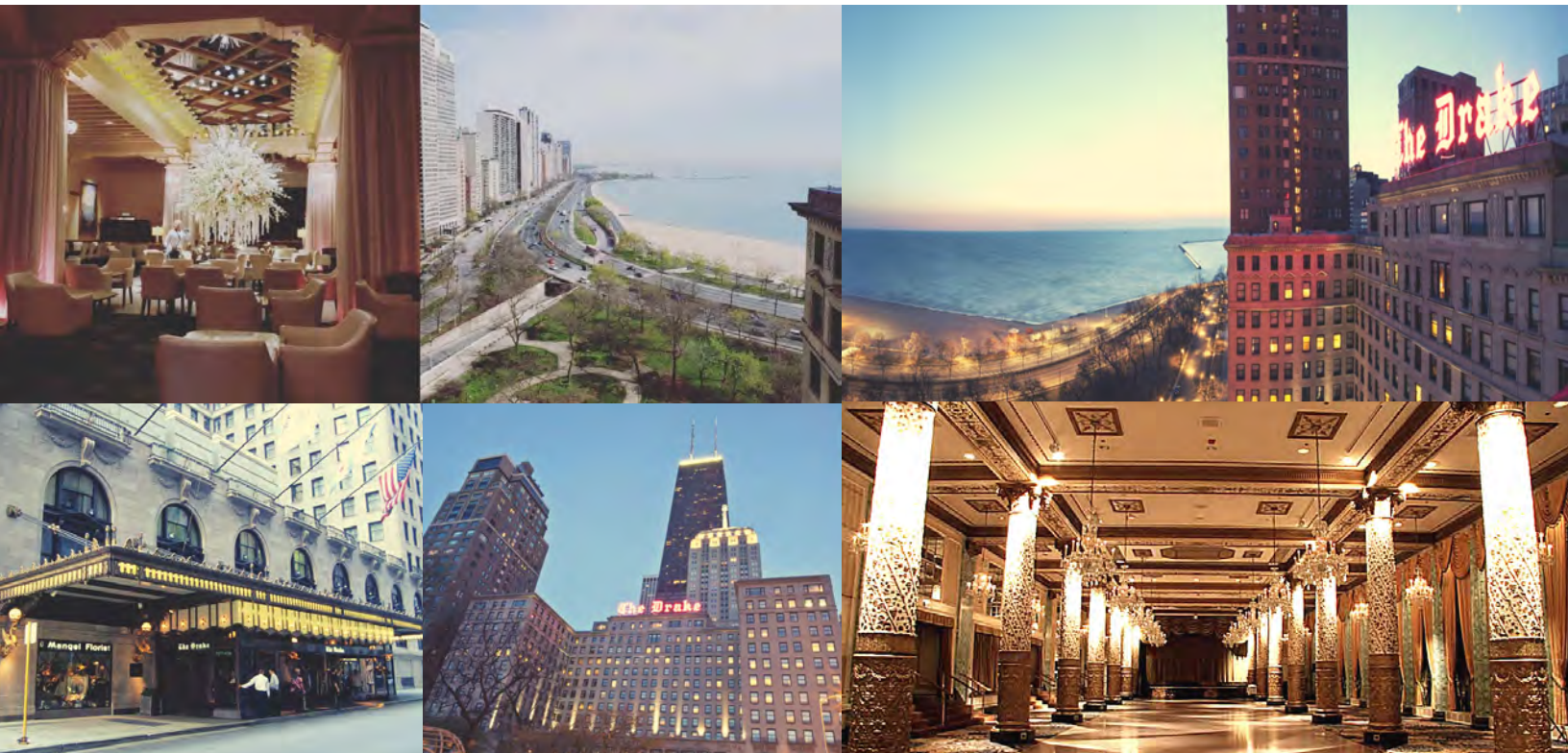
Distance from Hotel: 17 mi., Drive Time: 25 min.

Bus Service (GO Airport Express): \$27

Subway/Rail: \$2.25

Taxi: \$22

Uber: \$35



BOOK YOUR ROOM: [HTTPS://BOOK.PASSEY.COM/GO/PLIDA](https://book.paskey.com/go/plida)

THINGS TO DO IN CHICAGO



Chicago, IL welcomes over 52 million visitors a year to experience their 5,200 restaurants, 250 theaters, 225 music venues, 56 museums, 580 parks 125 art galleries, and 26 beaches and an 18.5 mile lakefront path. The city is houses so much rich history, architecture, and culture, and can be experienced in every block within the downtown. Whether you're traveling to the PLIDA conference solo, with a group of colleagues, or your family, Chicago will not disappoint!

THE BEAN



LAKE MICHIGAN



NAVY PIER



SIGHTSEEING



MUSEUMS AND AQUARIUM



SHOPPING AND NIGHTLIFE



RESTAURANTS



What is the cost of parking at The Drake?

Parking onsite at The Drake is \$49/night for self parking (900 N. Michigan Ave.) and \$71/night for valet with in and out privileges. In addition, there are many apps available that offer parking at a discounted rate, including spothero.com, bestparking.com, parkingpanda.com, and others!

What is the main source of public transportation in Chicago?

Chicago Transit Authority (CTA) offers the "L" which has over 1,800 buses running over 19,000 trips a day and 1,500 rail cars, servicing over 2,300 trips each day. This is the second largest public transportation system in the nation, and is an excellent and inexpensive solution for getting around Chicago and to/from the airport. For more information, visit <https://www.transitchicago.com>.

Cool fact: you can sign up for text alerts to get notices on arrival times!

What is the International Perinatal Bereavement Conference?

Pregnancy Loss and Infant Death Alliance (PLIDA) offers this international conference biennially as an opportunity for networking and gaining education for those who support bereaved families.

Who can earn continuing education credits?

Yes, CEUs are available. Other disciplines are pending approval. Please see the CEUs section of this brochure.

Who is the conference audience?

This conference will appeal to any professional who provides care to families experiencing a perinatal death or who engages in research in the field including obstetricians, maternal fetal medicine physicians, neonatologists, palliative care physicians, advanced practice nurses, midwives, physician assistants, nurses, social workers, genetic counselors, ultrasonographers, chaplains, funeral directors, childlife specialists, lactation consultants, psychologists, childbirth educators, policy makers, program administrators, researchers, professors, and parent advocates, among many others. In addition, bereaved parents, themselves, participate in the conference in the role of parent advocates who may work in advocacy, lay support and who may hold a dual role as both patient and researcher or practitioner.

How do I receive continuing education credit?

The disciplines providing continuing education credit for conference offerings are listed in the CEU section of the brochure. If you want continuing education, the cost is \$25 and you will find the payment option listed on the registration form.

Where do attendees pick-up their badge and convention materials?

All conference activities will be held onsite at The Drake Hotel Chicago. Look for the registration table!

Does full conference registration rate include the preconference options?

No, the preconference options are selected on the registration form and paid for according to the amount listed.

What does registration include?

- Access to all plenary and concurrent presentations. Please note that Wednesday preconference sessions are an additional fee.
- Access to the special events, including book signing reception!
- Access to exhibit hall, poster presentations, bookstore, and quiet reflection room.
- Access to written materials provided by the presenters.
- Free Wi-Fi throughout the conference space.

What type of experience can an attendee expect at the conference?

The conference provides enriching presentations combined with networking and seeing old friends, and enjoying the attractions in Chicago. Centrally located with two international airports, there truly is something for everyone.

What is the dress code?

Business casual. You may want to consider dressing in layers to account for the transition from air-conditioned meeting rooms to the outdoor areas of The Drake and the breezy, lakefront access.

What is the contact information for PLIDA?

P.O. Box 826, Castle Rock, CO 80104
888-693-1435 | members@plida.org | www.plida.org